

Brian Burzynski D.PSc., SRT is licensed practitioner with the Pastoral Medical Association (PMA), designated to natural sciences and naturopathic studies. Apprenticed by Synergy Release Therapy founder John Patterson since 1998 and SRT certified since April 2000, Brian has been practicing SRM (Synergy Release Method) in Waco for over 14 years providing an alternative option for those who seek to aid in improving existing conditions, prevent injuries, and enhance performance. Chelsea England FSM NMT SRT and Body Mechanics SRT, Waco, make up our team of independently contracted therapists.

SRM is a method of balancing the skeletal and muscular systems of the body so that they work together without compensation. It seeks the "trigger" that may be causing the body to compensate and lose its structural and muscular balance then applies releasing and stretching techniques to the body so the affected area may help heal itself and perform optimally. An SRM therapist is skilled in looking at the entire body, its movement, and the stress placed on key areas of the body that when unbalanced, can lead to painful conditions and/or injury. Some modern technological instruments may also be used to speed up the healing and corrective process. Among these instruments are low intensity lasers, Frequency Specific Micro-current, low voltage muscle stimulators, and Electro Magnetic Pulse Units.

*SRM is a non-invasive alternative rehabilitative, performance enhancing and preventative therapy. We do not claim to be or use other therapy methods. Our methods are not intended to diagnose or guaranteed to treat or cure any disease or physical condition, nor take the place of one's medical doctor or chiropractor. We are not covered by insurance policies or worker's compensation. We work through a service for pay contract with clients, most of who are referred through other clients, sports agents, coaches, dentists, lawyers, and medical doctors. We charge by the hour and the rate varies by appointment type.*

This packet is intended for clients to keep and refer to after their appointment and contains the instructed stretches designed to help the body maintain the positive corrective changes received and to allow the client to help heal themselves. After service, it is common that clients report a series of some soreness, "detox" headaches, sinus drainage, an increase in elimination/bowel movements, increased blood flow and/or nerve function to different areas of the body, and other "unwinding" symptoms for up to 3 weeks or more. Our instructions are always to hydrate well and continue the instructed stretches for the next 21 days. Many clients who do so do not require follow-up visits, but others may request additional appointments. We encourage our clients to contact the office in regards to any discomforting side effects or concerns at any time after services.

By signing I acknowledge that I have read, understand, and have received a copy of the above and give my consent to receive services.

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Print Name (Add Parent/Guardian name if client under 18 yrs old)

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Signature (Add Parent/Guardian Signature if client under 18 yrs old)

Date